



i careTM
giving children a future



*With your care
they can*

Changing the life of a street child.
For good.

ANNUAL IMPACT REPORT: 2021



Outreach



Rehabilitation



Housing

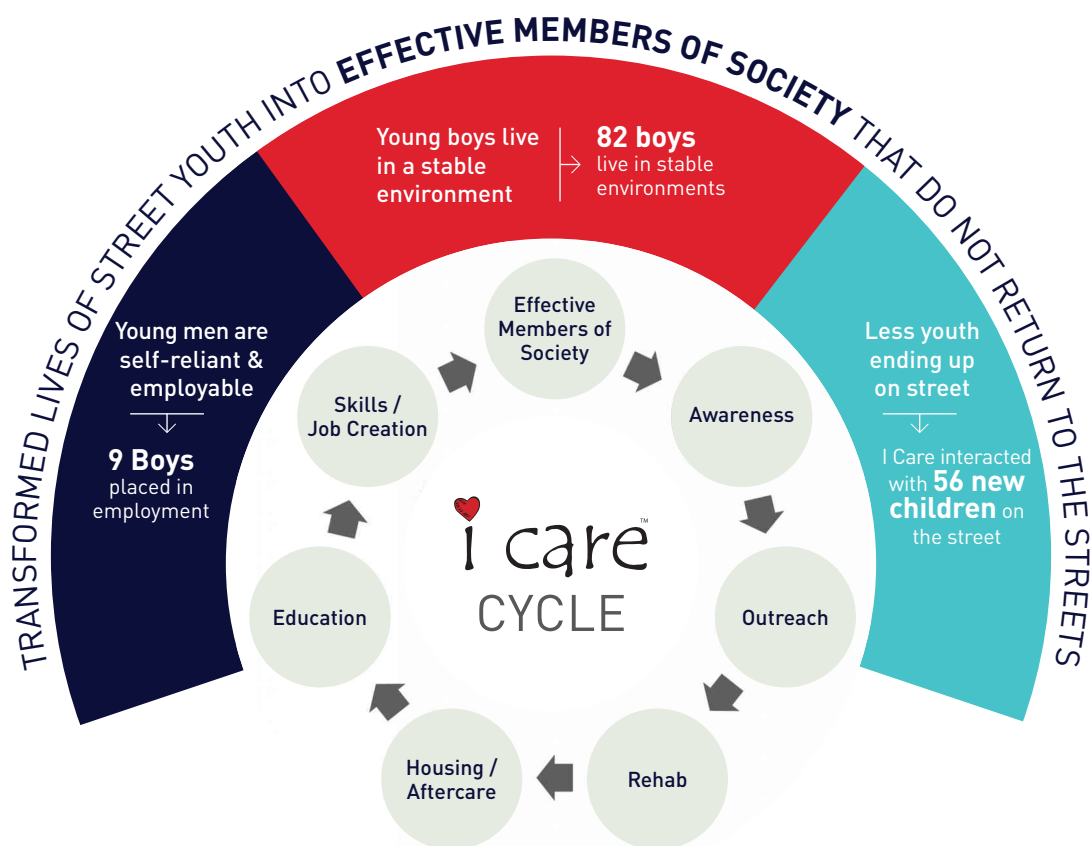


Skills

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Highlights of the year



We have worked with over
1 600 young men
over the years

We reached
1 500 people
through community
awareness days



37 904 meals served



Worked with
148 boys
on the streets



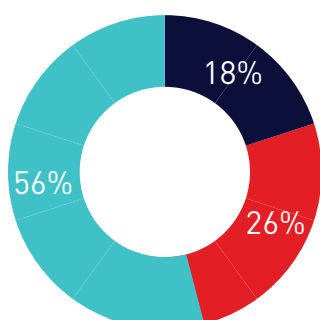
70%
pass rate
of high school boys



Assisted
23 boys
with setting up their
CVs, job applications,
counselling, etc.



FUNDING SOURCES



R5.4m
raised during the year

- Comic Relief UK
- Government Funds & Grants
- Business, Individuals & Trusts

General Manager's Report

There were times in the past year we never thought we would ever want to remember or document it in any positive way. In hindsight, however, 2021 was certainly a year that delivered many inspiring outcomes and revealed strength and resilience across our team that none of us ever thought we possessed.

We feared our budget would not meet our needs because of the ripple effect of Covid and the very sad and mostly frightening riots in KZN in July 2021. Despite these tragedies, we were overwhelmed by the generosity and support we received and, in terms of our financial position, realised a highly unexpected surplus. In addition to this surplus, we also have some reserves from the previous year. For this, we are hugely grateful to our donors, funders and in-kind contributors.

In total, we raised R5.4M through donations (9% above budget), and received over R400 000 through other sources of income. Our project expenditure was just over R5.7M which consist of project costs of R4.7M (9% below budget), and administrative costs of R1M. We greatly appreciate moving into 2022 with reserves to cushion unforeseen future variances in funding. Our current funding consists of R1.4M (27%) from government funds and grants; R978 953 (18.13%) from Comic Relief UK and the balance from Businesses, Individuals and Trusts. The majority of our funding was from South African institutions and individuals. For further details our Audited Financials are available on our website.

With reference to our budget, the largest portion is allocated to salaries (R3.3M) which includes a dedicated team overseeing live-in facilities requiring a high ratio of caregiver to child as a part of a staff compliment of 25 in total. Our Outreach project along with the costs to run the Drop-in Centre are the second largest expense, and without this intervention, we would not be able to initiate the first stages our holistic cycle of hope.

This year will bring some new methods to the delivery of our projects. The SA Youth Development organisations are working at opening up channels for employment and training for our youth. We have collaborated with them, and some beneficiaries have participated in the programme. We intend to



change some entry criteria to our projects to gain more commitment from 'home' or family, before we begin to make decisions for the future of the boys in our care. We have a winning formula in our houses and rehabilitation centres, with our Social Workers and house parent body being fully committed to the outcomes of our programmes. We also realise that to have a young person fully registered and ID documents in process, is a vitally important step towards their future including their education and employment.

Outreach programmes will be expanded in 2022, working with our local government and other partners, in a project that will make our streets a safer place to be for homeless adults looking for safe spaces to stay. A safety and support project is currently under development that will make the Point and beachfront a safer space for street children. We have collaborated with an organisation who will appoint safety officers for young street children to go to and ask for assistance and in turn, our Outreach team will then attend to their further needs.

We salute our staff and Trustees for their commitment during this past year and know that there is an exciting year ahead as we look forward to a peaceful 2022.

Anne Slatter
General Manager

Our Background

The LHC Foundation Trust t/a I Care Trust was formed in 2002 in memory of the late Graham Cochrane's father, Laurence Henry Cochrane. Graham was inspired by his father's life and the values he instilled in his family.

“My father did not share the many material pleasures that children of his age enjoyed.

He lived a simple life with simple values. Help those in need, put your family first, be wise in your dealings in life.

He left a legacy which by today's standards is all but lost. We have tried to capture that legacy in this Foundation, and to reflect it in our Statement of Values”

Thanks to the values and Christian principles that his father had instilled in his family, Graham established this Trust to give something back to the community in which he lived. The I Care Campaign started as an Awareness campaign, with advertisements on radio and in the press, warning the public that giving money to street children is not a solution and in fact contributes to the problem.

Rather than giving money directly to street children, the public were encouraged to make a monthly

contribution via a debit order to I Care, so that funding could be responsibly directed to those children in need. Each donor received a disc to display on the driver's side of the front windscreen of their vehicle, to indicate their support to children on the street, through I Care.

Our Outreach teams informed street children about the significance of the vehicle discs. Inter alia, motorists with I Care discs are supporting street children through our organisation. In response to the huge need and with wonderful public and corporate support this organisation started to adopt a holistic approach to the problem.

Initial areas of support included outreach to children on the streets, educational support, financial and food support for existing shelters (housing), and skills development programmes, specifically the Development Sailing Programme undertaken through the Royal Natal Yacht Club.

Sadly, Graham and his crew were lost at sea during the 2005 Beachcomber Mauritius to Durban yacht race aboard the yacht Moquini.

I Care continues to carry Graham and Laurence's legacy forward and now supports projects in 4 operational areas, working to fulfil Graham's dream of alleviating the plight of street children.

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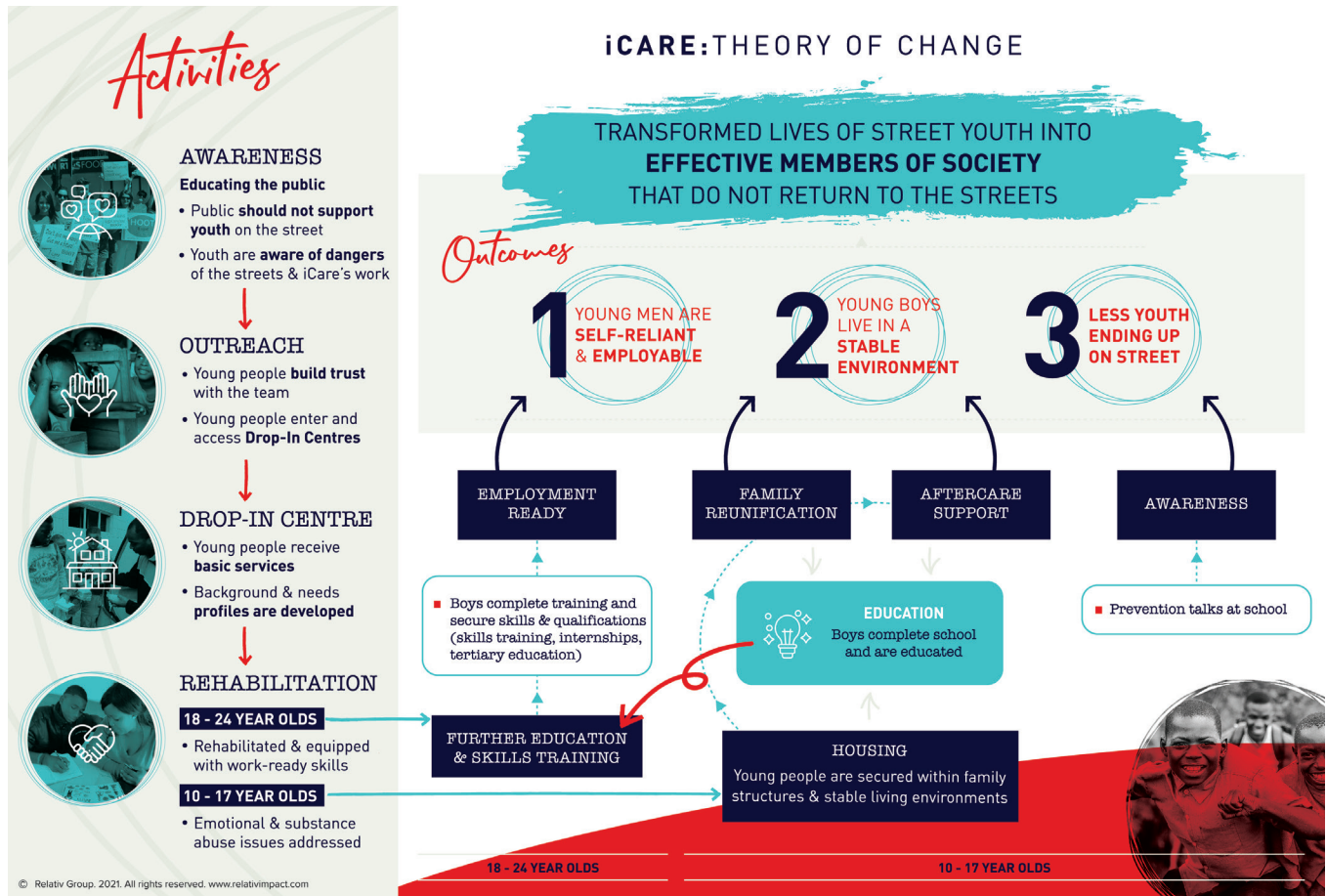
THE WORST THING YOU CAN DO IS TO GIVE A STREET CHILD MONEY, BUT THE NEXT WORST THING YOU CAN DO IS NOTHING!

- Graham Cochrane



Our Theory of Change

I Care follows a holistic approach that includes various activities to reach its vision of transformed, effective members of society. The activities that are included in the I Care cycle include Awareness, Outreach, Rehabilitation, Housing/ Aftercare, Education, Skills Development and Job Creation.



I Care identified the problem of the number of boys living on the streets in Durban and are working towards equipping these boys with the necessary life skills and a good work ethic to become effective members of society and who do not return to the streets. **The main outcomes that will lead to realising this vision are:**

- 1 Boys are self-reliant and employable**
- 2 Boys live in a stable family environment**
- 3 Less boys ending up on the streets**

The achievement of these outcomes relies on an assumption that the boys that are living on the streets want to become assets to themselves, their families and communities, and that the residents of Durban are open to changing their perspectives of children living on the streets. To enable the realisation of the outcomes, we focus on an approach and policy that provides support to the boys instead of punishing them.

There are underlying risks and constraining factors that could potentially have a negative impact on the efficiency and effectiveness of I Care's activities. **These include the following:**

- **Due to history and habits, there is a high risk that the boys could relapse back into living on the streets**
- **There is a high risk that the boys are not motivated and don't show commitment to the programme, as there are no rules when living on the street**

There is a risk that I Care would have inadequate funding for all operations and activities due to the economic situation.

Our Impact



Awareness

We aim to create awareness and educate the public about street children. **The motto for these awareness sessions is:**

“Don’t give me money. Give me a future!”

We conduct information sessions in local schools on the dangers of street life and educate street children; directing these children to I Care where they can benefit from the I Care Cycle.

During 2021 we were unable to attain our target of 6 000 people reached through our educational and awareness sessions. COVID-19 interrupted our school awareness programme and public gatherings were limited. We were fortunate to join the Inanda Policing Forum on a drive within the community where we stopped to speak to small gatherings of adults and children.

Overall we managed to reach 1 500 people through community awareness days. We continued to use social media platforms to reach as many people as we could.



Outreach and Drop-In Centre

We focus specifically on boys (10 - 24 years old), living on the streets of Durban. The outreach workers meet boys on the streets and build relationships of trust with them to encourage them to visit the Drop-in centre and start their rehabilitation process. The process through the Drop-in Centre (Hope Centre) is approximately 6 weeks, depending on the individual case. At the Drop-in centre basic needs interventions take place for each boys, e.g. a shower, clean clothing, two meals, as well as the opportunity to take part in different activities (**bible studies, numeracy and literacy programmes, chess, physical activities, art therapy etc.**). The social worker interviews the boys to determine their readiness and conducts home visits to determine if the boys can be reunified with their families or whether they should be transferred to the rehabilitation programme.

The Outreach workers worked with 148 young men on the streets during their Outreach in 2021. Of the 148, 52 refused to accept our help, 56 were new to the streets and 40 had been on the database from the previous year. The 96 boys who wanted to be helped, attended our Drop-in Centre for further intervention into their lives and hope for a better future began.





Rehabilitation

Young men (18 – 24 years of age) who meet the criteria to enter our rehabilitation programme, are placed into our in-house residential Sakhimpilo Life skills and Job Preparation programme. **This is a 9-week programme and begins with a period of detoxification. Once stable and settled, the course begins and encompasses relevant life skills, job preparation skills and a basic literacy.**

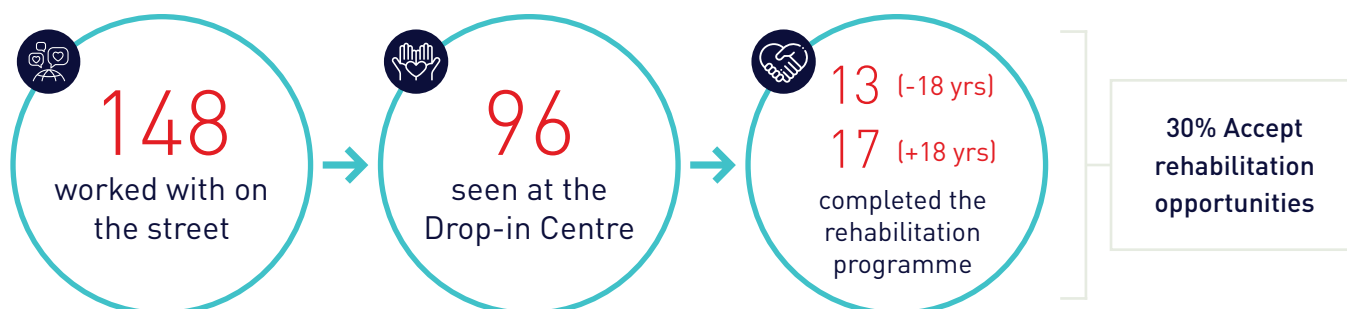
Our numbers were affected by Covid19. There were shelters in and around Durban offering various services and young people were not committing to programmes. **In total 17 boys aged between 18 and 24 years old completed the 9-week rehabilitation programme.**



As a progressive move from our Drop-in Centre, the youth (10 – 17 years of age) enter our in-house residential Khuthaza adolescence development programme. **This is a 12-week course and covers subjects such as: Who am I?, Substance abuse, family relationships, anger management, hygiene and education, to name a few.**

Whilst on the programme family are engaged to be part of the process and exit strategies can be more easily planned knowing the relationships the young man has with family and sometimes greater family members. If reunification is not a possibility, following rehabilitation and restoration, then the young man is placed into one of our Child and Youth Care Centres and enrolled into a local school while his future is mapped.

Throughout 2021, our youth were affected by Covid19 lockdowns - schools opening on a part time basis, changes in home economic status and general confusion and disturbances in 'normal' day-to-day living. Commitment from participants was difficult to obtain and our intakes were affected by health risks and social distancing regulations. **In 2021, 13 boys between the ages of 10 and 17 years old completed the rehabilitation programme.**





Skills Training

Once successfully completing the Sakhimpilo training, the beneficiary may select a training to suit his interest and competency level. We utilise external training providers for short to medium length courses in bricklaying and paving, welding, panel beating, bakery chef, heister driving or tertiary education at Pax College if the required education level has been attained, prior to the course. **The outcome of every skilled young man is that he is on the road to self-reliance and is employable.** Our successfully employed alumni are celebrated.

All young men from our rehabilitation programme had the opportunity to attain a skills training course (12) and others who had been on our Aftercare Programme (3) were also given a skills training opportunity. **In total 15 boys attended skills training courses or went to Pax College Tertiary Education institution.**

NUMBER IN EACH COURSE



3 PAX College
Tertiary Education



7 Bricklaying



2 Bakery Chef

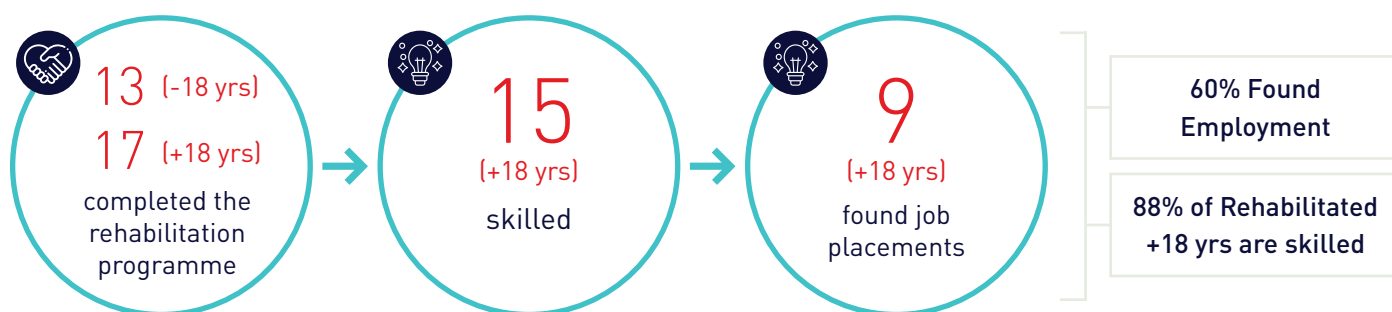


2 ABET



1 Welding

We assist young men to obtain internships during and after their skills training and assistance is provided to participants to compose and present their CVs in order to gain employment. There are 2 platforms on which the youth in SA can register as unemployed, and through these platforms they are able to seek employment via existing initiatives or by individuals seeking labour or skilled personnel. **In total 9 boys found employment during 2021.**

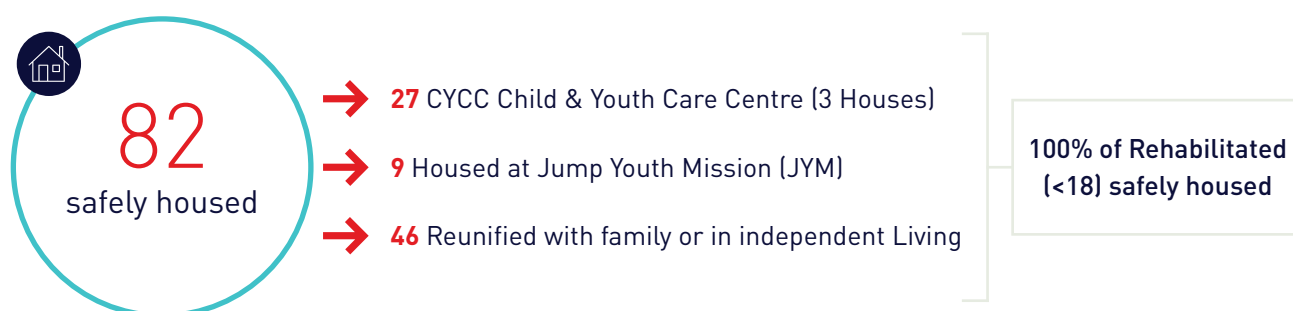


Housing

One of our major objectives, once meeting a young man on the streets, is to have him safely housed within a short time period. Our 12-week rehabilitation courses are residential and the progression for each of the young men from there is:

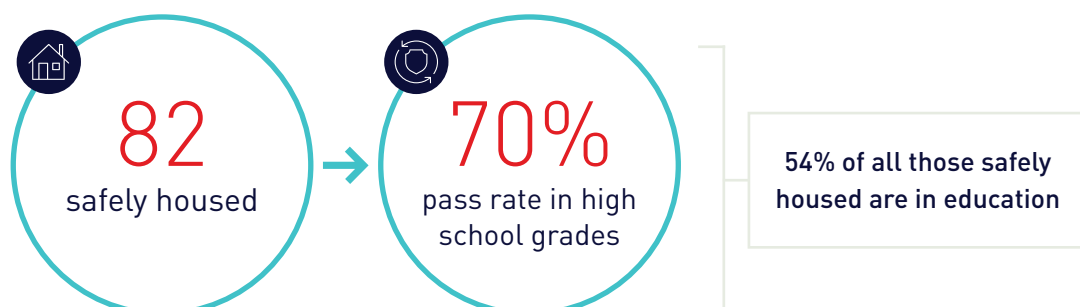
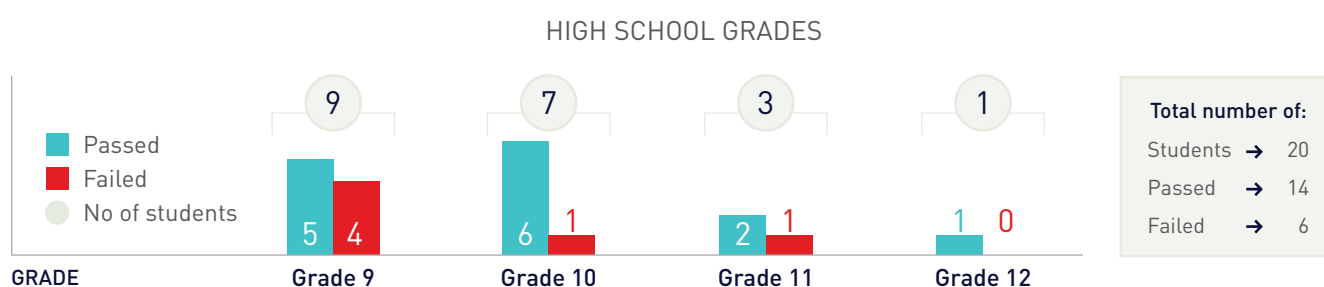
- Placement within one of our Child and Youth Care Centres (CYCC's), if reunification is not possible (under 18's)
- Remaining on the Mission Station in secure living, if home is not an option (over 18's)
- Reunified with family. Some families are self-sustaining while others require assistance and the young men and their family are taken care of on our Aftercare Programme

Within our 3 houses (registered CYCC's), Rehabilitation Centre and reunified with family; we had 82 young men securely housed by the end of 2021.



Education

It is important that we place any young person, post rehabilitation and restoration, back into the education system as quickly as possible. Schools that are situated within easy access from our Child and Youth Care Centres enrol the young men. Any young man reunified with family will be enrolled into a local school, close to their home, and a full school uniform and stationery is provided.





Aftercare

Young men attending the various programmes within I Care can at any stage be reunified with family or greater family members, only if the Social Workers assess that this is the most suitable arrangement.

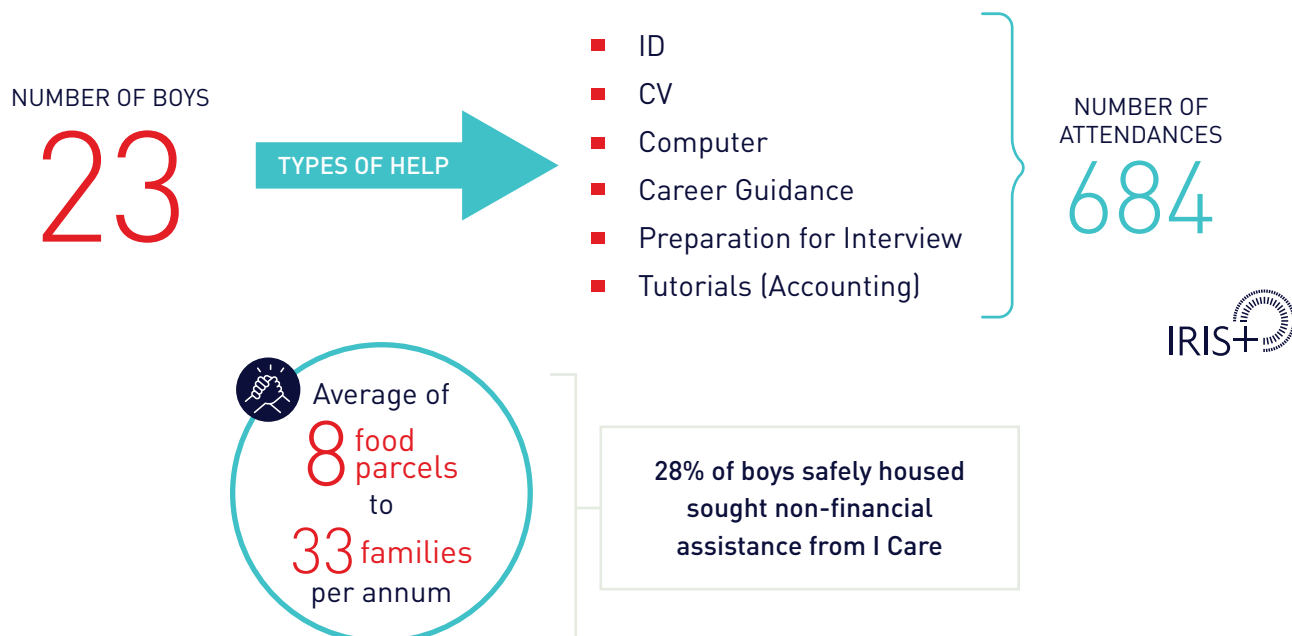
If a family is assessed to be self-sustaining and stable, we will reunify the young man directly with them and change their status on our database to 'non-current'. If the family is not self-sustaining, we will deliver food parcels as well as ensure the young man is enrolled in a local school, has the correct school uniform and stationery and his attendance and behaviour monitored.



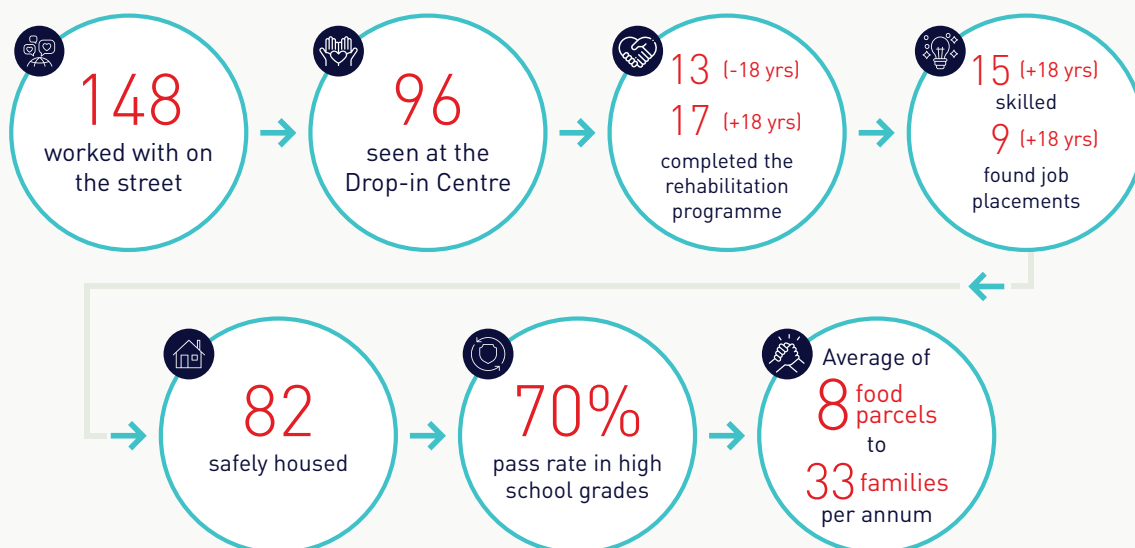
Food Parcels –

Through 2021 we delivered 260 food parcels to 33 families in need.

Non-financial support was provided to 23 young men who know to come back to us for help and support whether it be counselling, computer use for assignments and CV/job applications, copies of ID documents etc. **This year we assisted:**



IMPACT SUMMARY

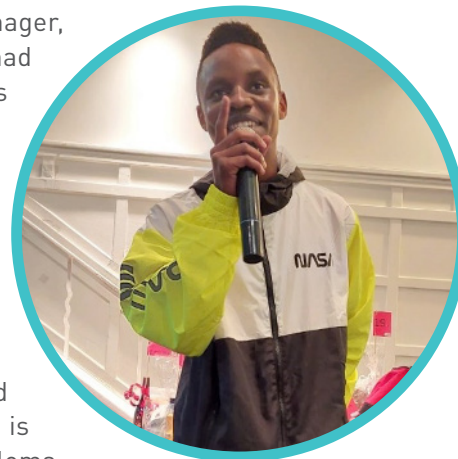


Shining Star

Lindo

Lindo was first introduced to I Care in 2014, when our Outreach Manager, Donation, came into contact with him on the streets of Durban. Lindo had become a substance abuser after turning to the streets when he was abandoned by his mother. Lindo did not enjoy the awful life on the streets and wanted to change his life for the better. He started regularly visiting the Hope Centre, the I Care Drop-in Centre in Greyville and then progressed to the in-house Rehabilitation 12-week program. He adapted very well and successfully graduated from the Program. He then went on to live in one of our I Care Family Homes, and we enrolled him into a nearby school where he started Grade 9.

In 2016 we reunified Lindo with family and he successfully completed Matric in 2020. In 2021 I Care enrolled Lindo at PAX College where he is studying Business Studies N4 and has one subject left to complete his Diploma.



“

LINDO HAS RISEN ABOVE ALL CHALLENGES, AND IS A DELIGHTFUL YOUNG MAN, WHO FREQUENTLY VISITS OUR OFFICES DOING RESEARCH, HOMEWORK & PROJECTS.

Lindo was invited to be our guest speaker at our golf day last year and we greatly appreciate him giving his time to share his story and we are all proud of the man he has become.

Professionally, he is pursuing a career in photography and we appointed him to be our photographer at some of our past events.

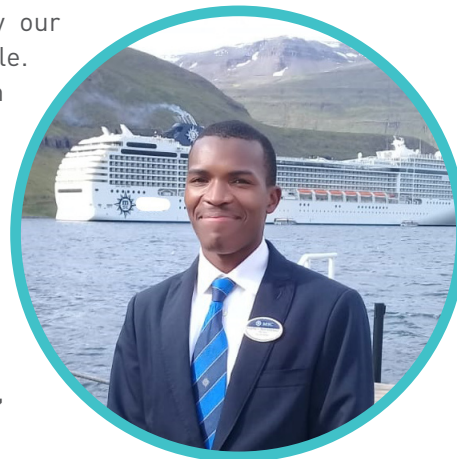
Shining Star

Qaphela

Qaphela joined the I Care programme in 2007. He was identified by our outreach worker who convinced him to come to the Hope Centre in Greyville. He religiously came to the Hope Centre and enjoyed and participated in the various programmes offered by I Care. It is here that he decided that he could change the life that he was living on the streets.

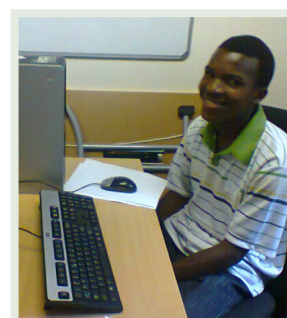
After a period of time, the I Care staff and Qaphela felt he was ready to enter into our rehabilitation programme in KwaMakhuthu, a 12-week programme, called Khutaza, meaning "Encourage". This course is an intense, focused time that covers topics such as self-awareness, trust building, relationship building and teamwork, thoughts and feelings, effective communication, ubuntu, substance abuse, sexuality, HIV/AIDS, family and much more.

Qaphela did very well on his rehabilitation course and, on completion, went to live at one of our I Care family houses in Lower Illovo with house parents and went to school in the local area. Within a few years, he was reunified with his family. I Care then assisted him and his family to enrol him in a local school, supplied his uniform and stationery. For some years we did regular home and school visits monitoring Qaphela's progress to ensure that he was on the right track, providing his family with monthly food parcels.



“

WE WERE SO THRILLED WHEN HE WAS ANNOUNCED HEAD BOY OF HIS PRIMARY SCHOOL.



He continued through high school, successfully completed his Matric and **went on to start his Travel and Tourism Diploma with PAX College**. During his studies he voluntarily met passengers disembarking from a popular cruise liner. He became well known with this liner, and once he passed his Diploma, he was employed by them as a porter, and relocated with them to Germany.

Qaphela has worked hard on his career and is very well liked and respected by all his peers, managers and guests. To date, he has been promoted to Passenger Liaison and we watch with pride as he climbs the ranks in his profession.

Snapshot view of our Impact

2021 Statistics



37 904 meals served



260 food parcels delivered



148 street children visiting our drop-in centre / worked with on the streets

30 street children rehabilitated



36 Children & Youths housed in I Care facilities



15 Boys skilled



46 Children reunified

Thank you

Our work with the Street Youth of KZN continues, despite all hurdles, and the I Care staff team are to be applauded for their outstanding performance and attitude during 2021, one of the hardest years our organisation and team have had to work through.

Thank you to the Businesses, private donors, Department of Social Development grants, Trust Funds, Comic Relief and those donating goods in kind, for the generosity shown during a very difficult year.

Our work would not be possible without your dedicated support and we appreciate all your contributions to seeing hope realised in the boys we care for, the men they become and the families and communities they impact. We expect 2022 to be a year of recovery that will make us more resilient, inspired and grateful for what we have.

